GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA

UNSTARRED QUESTION NO:4455
ANSWERED ON:17.04.2001
YOGA EDUCATION IN SCHOOLS
JASKAUR MEENA

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether the Central Education Advisory Board has made any recommendation to make yoga education compulsory in all the schools;

(b) if so, the details thereof; and

(c) the response of the Government thereto?

Answer

THE MINISTER OF HUMAN RESOURCE DEVELOPMENT (DR. MURLI MANOHAR JOSHI)

(a) & (b): The Committee of the Central Advisory Board of Education (CABE) set up under the Chairmanship of Shri K.P. Singh Deo in its report recommended introduction of yoga from secondary stage onwards and that yoga practice should be given a great deal of emphasis in pre-service and in-service teacher training courses. CABE has approved the report in 1994.

(c): The National Curriculum Framework for Secondary Education brought out by NCERT has one of its coreconcerns the total health of the learner and the community. Yoga and meditation have been recommended under the regular school schedule to help children acquire concentration and relaxation. The National Curriculum Framework has been circulated to all the State Governments/UTs for implementation of the suggestions made therein. However, the States/UTs have the freedom to adopt and adapt these curricular guidelines to develop their own syllabi and curricular materials.